

1693 '99 SEP -2 10:04

2594 '99 AUG -3 P1:47

July 13, 1999

Commissioner Jane Henney, M.D.
Food and Drug Administration
5600 Fishers Lane, Room 1471
Rockville, MD 20857

Dear Commissioner Jane Henney, M.D.,

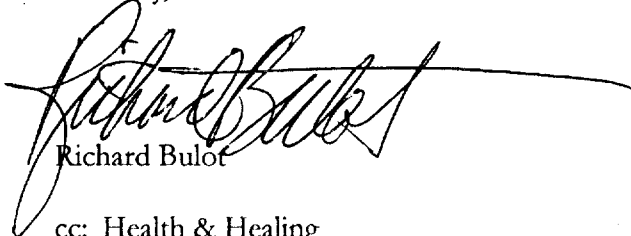
This letter is a specific request for the FDA to quickly approve the claims submitted for the following: Saw Palmetto for the symptoms of BPH; psyllium husk seeds and the risk of heart disease; folic acid, vitamin B6 and vitamin B12 and cardiovascular disease; and vitamin E and risk of cardiovascular disease.

My personal experience with the use of saw palmetto to relieve symptoms of BPH may be anecdotal, yet it has worked wonders. The person who owns the local health food store suggested I try saw palmetto several years ago when I asked about what I could do to not have to get up in the middle of the night. The rest is history, my urologist is not getting any more of my money for this problem.

I have fortunately been very healthy otherwise, and for the past 10 years have taken psyllium seed husk, vitamin E and the other vitamins B6, B12 and Folic acid as daily supplements. The amounts exceed any of the governments recommended daily dosage. I believe all this contributes to my very good health.

Thank you for making the changes and releasing this information to all the USA, lives are at risk and you have the power to make this change.

Sincerely,



Richard Bulot

cc: Health & Healing
Health Claims
7811 Montrose Road
Potomac, MD 20854

99P-3029

438 ARCADIA DR.
SAN PEDRO, CA 90731

C24

CROSS FILE SHEET

File Number:

99P-3029/c24

See File Number:

99P-3030/c24